

BEYOND THE LANE LINES - 6/29/09

~ Information for families and swimmers of Mount Joy Lions Swim Team ~
"these cats can swim"

Regular practice times: 7:45-9:30 AM (11&over)
 9:30-10:30 AM (10&under)
 10:30-11:00 AM (beginners)

TEAM WEB SITE: www.mountjoyswimteam.org

INVITATIONAL INFORMATION: www.mountjoyswimteam.org/2009invitationals.pdf

TIMER SCHEDULE: <http://www.mountjoyswimteam.org/timers2.htm>

DIRECTIONS: www.mountjoyswimteam.org/cgi-bin/events.cgi

6/29/09 week-at-a-glance:

Monday 6/29 -- regular practice

Tuesday 6/30 -- regular practice

Wednesday 7/1 -- regular practice

Thursday 7/2 -- regular practice

Friday 7/3 -- regular practice

Saturday 7/4 -- **HAPPY 4TH OF JULY!!**

DUAL MEET SIGN-OFF SHEETS - are posted on the board for the 7/7 (Overlook) and 7/9 (East Pete) meets. All swimmers are expected to swim in dual meets. **Please write your name on the sheet if you are not available to swim!**

DIVISIONALS on Sat. 7/18 - sign-off sheet has been posted. **We need to know by Monday 7/6 if you cannot attend Divisionals!** It will be held at Woodridge (in Lititz), and is a split session meet: 12's, 14's, opens swim in the morning; 8's & 10's swim in the afternoon. You will receive a separate e-mail with more details regarding Divisionals later this week.

DUAL MEET RESULTS - can be found on the web site and in the folder at the pool labeled "Dual Meet Results." Please check the results to make sure your swimmers' times are entered correctly!

TIMER SCHEDULE FOR DUAL MEETS - Here is the schedule of timers for all our dual meets this

summer: <http://www.mountjoyswimteam.org/timers2.htm>. Dave Schell is in charge of this. If you signed up (at registration) to help with timing, your name is most likely on this list. He would like everyone to review the schedule and contact him if any changes are needed. His e-mail is dave@imakewebpages.com.

WILLOWOOD INVITATIONAL on Wed. 7/8 - Entries have been submitted. No changes can be made. Check the folders at the pool later in the week to see your entries.

MANHEIM INVITATIONAL on Sat. 7/11 - Check the folder at the pool to see your entries and to find out if you are in a relay.

SAVE-A-LIFE SWIM on Mon. 7/13 - Mark your calendars for Monday, July 13!! Mount Joy swimmers will participate in the Save-a-Life Swim for the American Cancer Society from 9-11 AM. Information is on the board at the pool. We will need persons to count swimmers' laps. Contact Suzanne Burger at burgerfam4@comcast.net with any questions.

INCLEMENT WEATHER - If a meet is postponed due to storms, we will do our best to e-mail everyone early enough to avoid unnecessary travel. Please understand, however, this may not always be possible. If the weather is questionable, please check your e-mail right before you would normally leave for the meet. **If there's no e-mail, then you should report to the meet as scheduled.** Do not call and ask what to do if the weather is questionable, because I (Shelby) will not know any more than you do. An e-mail will be sent if we know early enough to avoid travel.

(If anyone has information they would like included in "Beyond the Lane Lines," please get it to me by 3PM on Sunday afternoon to sinelson@paonline.com.)