

# BEYOND THE LANE LINES - 6/15/09

~ Information for families and swimmers of Mount Joy Lions Swim Team ~  
"these cats can swim"

**Regular practice times:** 7:45-9:30 AM (11&over)  
9:30-10:30 AM (10&under)  
10:30-11:00 AM (beginners)

**TEAM WEB SITE:** [www.mountjoyswimteam.org](http://www.mountjoyswimteam.org)

**INVITATIONAL INFORMATION:** [www.mountjoyswimteam.org/2009invitationals.pdf](http://www.mountjoyswimteam.org/2009invitationals.pdf)

**TIMER SCHEDULE:** <http://www.mountjoyswimteam.org/timers2.htm>

**DIRECTIONS:** [www.mountjoyswimteam.org/cgi-bin/events.cgi](http://www.mountjoyswimteam.org/cgi-bin/events.cgi)

## **6/15/09 week-at-a-glance:**

Monday 6/15 -- regular practice

Tuesday 6/16 -- regular practice; **DUAL MEET @ Woodridge** (see below)

Wednesday 6/17 -- regular practice

Thursday 6/18 -- regular practice; **DUAL MEET vs. Eden Manor @ LS** (see below)

Friday 6/19 -- regular practice

Saturday 6/20 -- **Ephrata Relays** (see below)

**DUAL MEET SIGN-OFF SHEETS** - are posted on the board for the 6/16 (Woodridge), 6/18 (Eden Manor) meets, and also the 6/23 (Skyline) meet. All swimmers are expected to swim in dual meets. ***Please write your name on the sheet if you are not available to swim!***

**DUAL MEET on 6/16 @ Woodridge** - Arrive 5:30, Warm-ups 5:45, Meet begins 6:15; directions to Woodridge are on the web site. All swimmers will be in the meet line-up unless you signed-off.

**DUAL MEET on 6/18 vs. Eden Manor @ LS** - **This meet is being held at the new Lampeter-Strasburg YMCA pool!!** Arrive 5:30, Warm-ups 5:45, Meet begins 6:15; directions to LS are on the web site. All swimmers will be in the meet line-up unless you signed-off.

**TIMER SCHEDULE FOR DUAL MEETS** - Here is the schedule of timers for all our dual meets this summer: <http://www.mountjoyswimteam.org/timers2.htm>. Dave Schell is in charge of this. If you signed up (at registration) to help with timing, your name is most likely on this list. He would like everyone to review the schedule and contact him if any changes are needed. His e-mail is [dave@imakewebpages.com](mailto:dave@imakewebpages.com).

**EPHRATA RELAYS on Sat. 6/20** - Entries have been submitted. Check the folder at the pool to see your entries. Warm-up times will be sent out later this week. Are there any parents interested in swimming in the Mama's/Papa's relays??? If so, bring your swimsuit to the meet!!

**TEAM PICTURES on Tues. 6/23** - Mark your calendars!! Team and individual pictures will be taken prior to the Skyline home meet on 6/23. Next week's e-mail will let you know what time to

begin arriving at the pool for pictures. Order forms will be placed in folders on Monday 6/15. Contact Marette Smith at [bksmith22@comcast.net](mailto:bksmith22@comcast.net) if you have any questions about picture-taking.

**WILLOWOOD INVITATIONAL on Wed. 7/8** - Sign-up sheet is in the folder at the pool. Sign up by Tuesday, June 23! Go to web site [invitational information](#) for details. You may swim three individual events, plus the IM.

**MANHEIM INVITATIONAL on Sat. 7/11** - Sign-ups are now closed. Check the folder at the pool later this week to see your entries. **\*\*I need 2 timers ASAP -- 1 for the morning session (11&up), and 1 for the afternoon session (10&under). I must write timer names on our entries.\*\***

**SAVE-A-LIFE SWIM on Mon. 7/13** - Mark your calendars for Monday, July 13!! Mount Joy swimmers will participate in the Save-a-Life Swim for the American Cancer Society during practice. Watch for more information in the coming weeks. Contact Suzanne Burger at [burgerfam@comcast.net](mailto:burgerfam@comcast.net) if you have any questions.

**SCORING TABLE & LEAGUE RULES** - We would like to remind everyone that League Rules do not permit anyone (other than coaches) to approach the scorer's table to obtain information about the meet (i.e. do not come to ask your swimmers' time). The paragraph directly from the League Rules states: *"Score table personnel should include: announcers, host scorers, visiting scorers, and awards personnel. At **NO TIME** during the meet should swimmers, parents, and/or spectators interfere with scoring procedures."* Thanks in advance for your cooperation!

**TO NEW FAMILIES (and reminders to us veterans):** Evening meets can get cool, even over the summer. Bring warm clothes and extra towels/blankets for your swimmers. You can also bring chairs into the meets. Most pools have a snack stand available; however, it's fine to bring your own snacks/drinks from home. Small games (i.e., cards, gameboys, etc.) are fine to bring and will help pass the time while waiting to swim. This year's dual meets will probably run about 3 hours and could be longer (we are hosting two very large teams). At the end of each dual meet, all swimmers receive a snack from the home team.

Younger swimmers are asked to stay in the team area at all times, so the ladies (in the royal blue shirts) who line up the swimmers will be able to find swimmers for their events. No one wants to miss an event because they can't be found! (In fact, this is one of our "team goals" this summer!) If a swimmer must leave the area to use the bathroom or any other reason, they must tell a parent or any of the ladies who line up swimmers where they are going. Before the meet, the coaches usually introduce the ladies who will be looking for your swimmers and lining them up. Parents, before the meet, please remind your swimmer(s) to stay in the team area to help avoid any missed events. This applies to all meets, whether they are at home or away.

**INCLEMENT WEATHER** - If a meet is postponed due to storms, we will do our best to e-mail everyone early enough to avoid unnecessary travel. Please understand, however, this may not always be possible. If the weather is questionable, please check your e-mail right before you would normally leave for the meet. **If there's no e-mail, then you should report to the meet as scheduled.** Do not call and ask what to do if the weather is questionable, because I (Shelby) will not know any more than you do. An e-mail will be sent if we know early enough to avoid travel.

*(If anyone has information they would like included in "Beyond the Lane Lines," please get it to me by 3PM on Sunday afternoon to [sjnelson@paonline.com](mailto:sjnelson@paonline.com). Any suggestions for improvement are welcome!)*